

Domains of Knowledge APS College of Counselling Psychologists
(Revised December 2008)

Areas	Inclusion Criteria
1. Theories and knowledge relevant to psychological specialties	Demonstrated advanced knowledge in: ▣ Empirically Supported Treatments (ESTs) in psychotherapies ▣ Group processes and family functioning ▣ Normal and abnormal development across the lifespan Demonstrated advanced knowledge of: ▣ Theories of personality development ▣ Theories of lifespan development and their contextual relevance in psychotherapy & counselling ▣ Diagnostic classification systems including DSM & ICD, and indigenous psychologies
2. Assessment	Demonstrated advanced knowledge in: ▣ Formulation and diagnosis of client stressors, mental health disorders and psychological distress ▣ Collaborating with clients in case formulation of mental health problems Demonstrated competence in specific areas of psychological assessment including: ▣ Psychopathology ▣ Bio-psycho-social status ▣ Cognitive functioning and impairment ▣ Personality ▣ Vocational psychology ▣ Health and well-being and tests of specific functioning

3. Interventions and implementation

Demonstrated advanced competence in:

- ▮ Empirically supported therapies which facilitate change for individuals, couples, families and groups from a diverse range of backgrounds
- ▮ Psychotherapeutic interventions
- ▮ Integration of psychotherapy strategies from a diverse range of counselling theories
- ▮ Taking account of contextual factors in designing and delivering psychotherapy interventions
- ▮ Developing and delivering collaborative therapeutic interventions